🌟 How to Navigate the Beginner AI for Seniors Course

Welcome! This simple guide will help you log in and confidently move through your Beginner AI for Seniors course. Let's walk through it step by step.

🔐 Step 1: Log In

When you log in at https://BeginnerAIforSeniors.com, you'll land on your Dashboard.

👉 Look for your course titled "Beginner AI for Seniors" and click on the course name to begin.

	Name	Result	Expiratio
	Beginner AI for Seniors	0%	Nev

28 Lessons   12 Quizzes   15 Students

Instructor   Materials

verview: Beginner AI
rs

rs, where technology meets compassion. This course is designed with you in mind
ed by the rapid changes in technology but are ready to embrace the possibilities it

ns, you'll discover how artificial intelligence (AI) can simplify your daily life, spark
s you once found frustrating much easier. Whether it's organizing your calendar,
staying connected with loved ones, AI has something valuable to offer—and you'll

Continue

Lessons completed:	0/28
Quizzes finished:	0/12
Course progress:	0%

📘 **Step 2: Enter the Course**

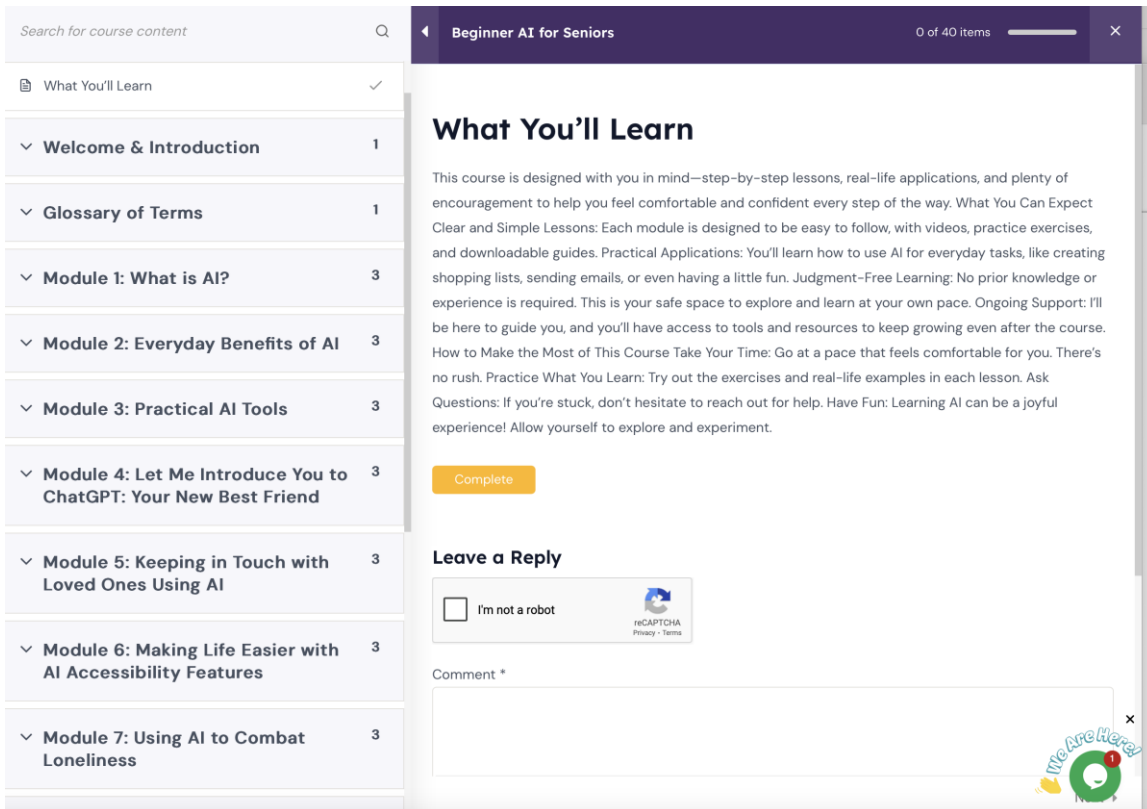After clicking the course name, you'll see the course image and title.

👉 Click the Continue button below the course image.

This will open the course and take you to your first lesson.

📚 Step 3: Navigate the Lessons

Once inside, here's how to move around:

✅ Click "Complete" at the bottom of each lesson or document once you've finished.

➡️ You can also click "Next" to move forward, or "Prev" to

Search for course content

📄 What You'll Learn   ✓

⌄ Welcome & Introduction   1

⌄ Glossary of Terms   1

⌄ Module 1: What is AI?   3

⌄ Module 2: Everyday Benefits of AI   3

⌄ Module 3: Practical AI Tools   3

⌄ Module 4: Let Me Introduce You to ChatGPT: Your New Best Friend   3

⌄ Module 5: Keeping in Touch with Loved Ones Using AI   3

⌄ Module 6: Making Life Easier with AI Accessibility Features   3

⌄ Module 7: Using AI to Combat Loneliness   3

What You'll Learn

This course is designed with you in mind—step-by-step lessons, real-life applications, and plenty of encouragement to help you feel comfortable and confident every step of the way. What You Can Expect Clear and Simple Lessons: Each module is designed to be easy to follow, with videos, practice exercises, and downloadable guides. Practical Applications: You'll learn how to use AI for everyday tasks, like creating shopping lists, sending emails, or even having a little fun. Judgment-Free Learning: No prior knowledge or experience is required. This is your safe space to explore and learn at your own pace. Ongoing Support: I'll be here to guide you, and you'll have access to tools and resources to keep growing even after the course. How to Make the Most of This Course Take Your Time: Go at a pace that feels comfortable for you. There's no rush. Practice What You Learn: Try out the exercises and real-life examples in each lesson. Ask Questions: If you're stuck, don't hesitate to reach out for help. Have Fun: Learning AI can be a joyful experience! Allow yourself to explore and experiment.

Complete

Leave a Reply

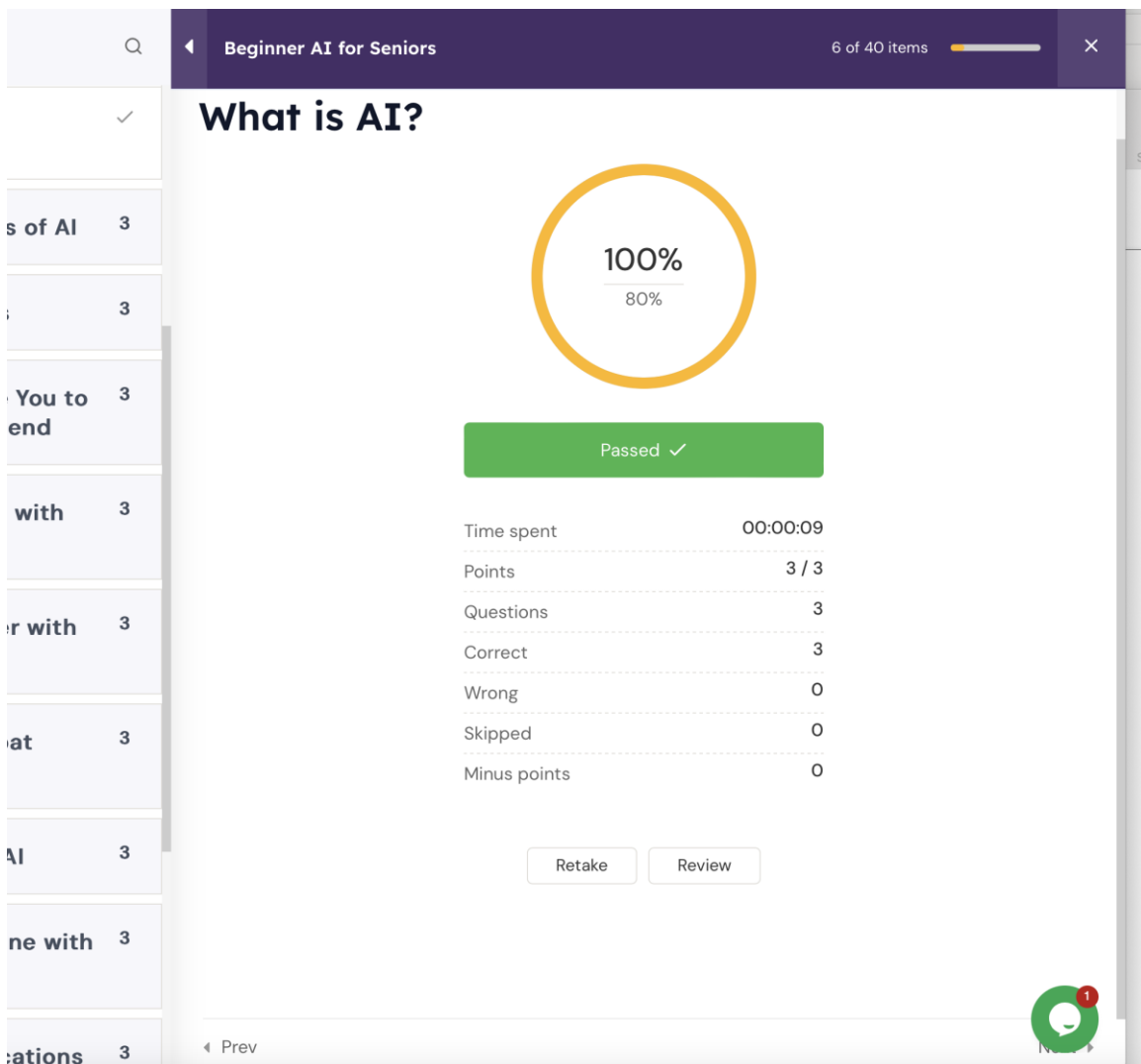☐ I'm not a robot   reCAPTCHA   Privacy - Terms

Comment *

go back.

📌 Tip: The left-hand side of your screen has a menu with all

your lessons. You can click on any lesson to revisit or jump ahead.

🧠 Step 4: Quizzes

After a quiz, scroll down and click "Next" (look for it at the bottom right corner, just below the green help button) to move on to the next lesson.
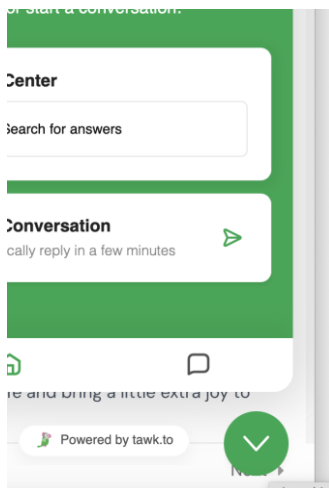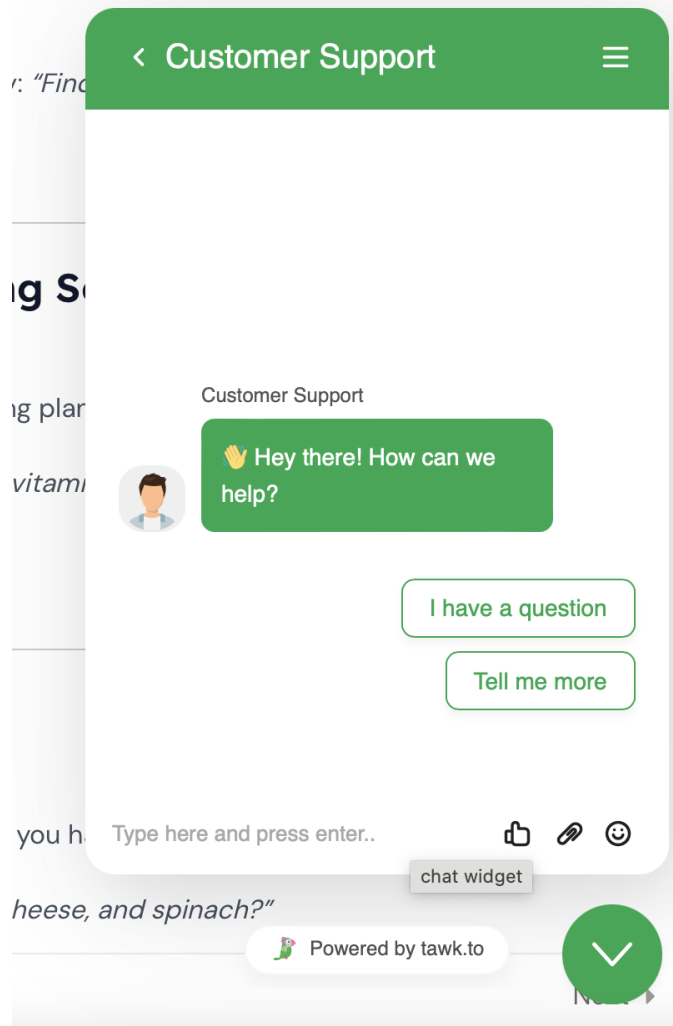
💬 Step 5: Need Help?

You're never alone!

🟢 Every page has a green help button in the bottom corner.
Click it and then click "Start a Conversation."
You can ask Grace (your AI assistant) or a live agent for help any time.
When you're done, just click the green circle with a "V" to close the help window.

✅ Step 6: Track Your Progress

As you mark lessons complete:
- ❌ Grey check = not finished
- ✅ Green check = lesson complete

∨ Glossary of Terms	1

∨ Module 1: What is AI?	3

∧ Module 2: Everyday Benefits of AI	3

📄 Transforming Your Daily Life with AI ✓

📄 Activity: Transforming Your Daily Life with AI ✓

🧩 Everyday Benefits of AI ✓
3 Questions

∨ Module 3: Practical AI Tools	3

∨ Module 4: Let Me Introduce You to ChatGPT: Your New Best Friend	3

∨ Module 5: Keeping in Touch with Loved Ones Using AI	3

🔁 Step 7: Come Back Anytime

You can log out whenever you'd like.
When you come back and click on the course, it will pick up right where you left off. No need to search or guess.

🌼 You've Got This

Remember, this course is designed for beginners — you're doing something amazing by being here! Every click is a step forward.